# Motivational Speaking page

For executive retreats, leadership meetings, and conferences Leadership @ Work is pleased to offer dynamic, informative, and inspirational presentations

Our principals have extensive experience as keynote and motivational speakers. Our numerous presentations at national and regional conferences highlight our capabilities as orators. ~~Carol and Andrea have spoken on leadership strategy, management excellence, work/life balance, and many other topics~~ I think it ,makes more marketing sense to be targeted, exerts, and not broad with many topics. Of course, it is your website!!! for ~~organizations that include:~~

Early in her career, Carol spent many years in the television industry, where she gained confidence and ease in front of the camera and on the podium as a spokesperson and anchor/host. She has been a spokesperson for numerous industrial films and regional television commercials throughout the past 25 years. She is a dynamic and energetic speaker.

Andrea’s style is warm and engaging. She is passionate about individuals growing and developing, and her passion is evident in all of her presentations.

 We have spoken in a wide variety of industries and settings, including:

* American Medical Association
* Business and Professional Women
* Society for Human Resource Management
* Women in Communication Inc.
* International Association of Business Communicators
* National Association for Purchasing Managers
* American Public Transit Association’s CEO Conference

**Our most–requested speeches:**

What is below is directly from my site – you might want to make these shorter and add some of your favorites. To create this list of three, I asked myself what would most excite me if someone called ….

**Don't Try to Teach a Pig to Sing**

Have you ever attended a class or workshop to gain a missing skill that someone told you was needed, or to improve your knowledge in an area in which you have little interest?  Why?  It’s an unfortunate reality that we often look at development in terms of filling the gaps – identifying our weaknesses and doing something to “fix” them, rather than focusing on how to leverage our best.



It’s time to learn how to stop this retrofitting!  In this fascinating and dynamic presentation, we explore the immense opportunities that open up if we begin to concentrate on our strengths and not our weaknesses.  We don’t need to repair our limitations in order to grow – actually, just the opposite is true!  When we identify our superb talents and gifts – and build more and more opportunities to use them in our lives, we will grow, develop and achieve with great joy and success!

**Leading from Authenticity**

We believe leadership is an essential topic to all professionals, regardless of whether or not they hold formalleadership roles.  We are particularly intrigued by the idea of applying leadership principles to individual contributors, business owners & entrepreneurs, internal and external consultants who serve clients, and people who simply choose to step into a leadership role in their family, their community, or their profession.



In this thought-provoking presentation about values and integrity, We'll define and illustrate what authentic leadership is and is not.  Discover the *new* essentials of leadership in the 21st century – such as a sense of adventure, taking risks, and serving others – which amend and complement the classic leadership characteristics that include a compelling vision and setting standards of excellence.  This energizing and inspiring message will entice audience participants to step more fully into their authentic selves, and be liberated to lead in whatever aspects of their life they desire.

**Choosing & Sustaining Work / Life Balance:**

**A Leader’s Paradox**

The quest for a balanced existence has been a national obsession since the founding fathers proclaimed the inalienable right to life, liberty, and the pursuit of happiness!  Unfortunately, many leaders find balance to be elusive at best, in spite of endless attempts to achieve it.  As leaders, we experience a paradox of wanting to encourage our employees to work *hard* – with dedication, commitment, and passion – and yet to work *healthy* and to maintain a commitment to family and personal life.



How can we expect this balancing act of others when we cannot accomplish it ourselves?  In this powerful presentation, you will learn that it *IS* possible to create and sustain balance; to align your day-to-day choices and actions with your values and passion; to say “No” to time and energy drains; and to support your staff as they attempt to do likewise.  The key to life balance is making powerful choices each and every day that support and express you in all the dimensions of your life.  Work / Life Balance is an incredibly effective tool for leaders, managers, executives – and those who support them.